



**XX^{II}ND SCIENTIFIC
SESSIONS
INTER-AMERICAN
SOCIETY OF
HYPERTENSION**

**BARCELÓ HOTEL AND CONFERENCE
CENTER**

GUATEMALA CITY, GUATEMALA

January 14 – 17, 2026

Inter–American Society of Hypertension 2026



The colourful painted houses of Santa Catarina Palopó,



About IASH 2026

“The commitment of our member countries, the support of allied Societies, and the warmth and beauty of Guatemala come together to create the perfect setting for a successful event. I warmly welcome you all and look forward to learning from each of you.”

*Fernando S Wyss -Q, MD
President, XX^{lnd} Scientific Sessions*

Welcome

It is with great pleasure that we invite you to participate in the XX^{lnd} Scientific Session of the Inter-American Society of Hypertension (IASH), to be held in Guatemala City, January 14–17, 2026.

Founded as the oldest continental hypertension society in the Americas, IASH continues to foster collaboration, research, and education across the region. This landmark meeting will bring together experts in hypertension, cardiovascular disease, and related fields to share cutting-edge advances and address the pressing health challenges of our time.

Guatemala, located at the very heart of Central America, offers a unique and strategic setting. Its geographic position as a regional hub reflects its growing role in strengthening healthcare systems and fostering scientific exchange across Central America and the Americas.

I extend our heartfelt gratitude to the pharmaceutical, biomedical, and technology industries whose generous contributions make this gathering possible, as well as to professional societies, academic institutions, and distinguished colleagues who support our mission.

We look forward to welcoming you to Guatemala City in January 2026 for an inspiring and fruitful scientific exchange.

*Prof. Luis Alcocer, MD, MPH, MCVSc.
IASH President*



Inter–American Society of Hypertension 2026

A Brief Overview of the Inter-American Society of Hypertension (IASH)

Founding & Early Origins (1970s–1980)

The roots of IASH trace back to a Pan-American Symposium on Vasoactive Peptides and Hypertension, held in August 1974 in Mendoza, Argentina, during the World Congress of Cardiology ⁽¹⁾. This symposium served as the precursor to the formal organization. IASH was officially incorporated as a tax-free organization in the state of Ohio (USA) in May 1980.

Mission & Aims

The Society was created as a non-profit organization dedicated to the understanding, prevention, and control of hypertension and vascular diseases, with a particular focus on bridging basic, translational, and clinical research across the Americas.

IASH welcomes membership from scientists, physicians, and healthcare providers—not only from the Americas, but also from Europe, Australia, and Asia

Structural & Strategic Evolution

In 2016, IASH developed a strategic plan to advance its educational and medical goals across the continent. A meeting held in Orlando, Florida, in September 2016, mapped out this roadmap. The vision articulated: “The Americas will have the best blood pressure control and lowest prevalence of cardiovascular disease in the world.”

Its mission: “Improve hypertension control and reduce incidence of cardiovascular disease by promoting communication, education, and research across the Americas.”

The strategic objectives include a)- Facilitating scientific and educational exchange between researchers and clinicians; b)- Promoting paradigm shifts in hypertension management; c)- Working collaboratively with other organizations focused on cardiovascular and metabolic disease; d)- Implementing strategies to eliminate gaps in care quality and improve hypertension outcomes

Education, Meetings & Collaboration

Since its conception, IASH sought to enhance knowledge of hypertension in the Americas and stimulated generations of basic and clinical researchers in Latin America through biennial scientific meetings, promoting educational and training opportunities for young basic scientists and clinicians in the laboratory of leading established investigators in the US, and developing collaborative activities from co-sponsorship of scientific meetings and symposia with national and international societies. For example, the 2007 biennial meeting of IASH in Miami co-hosted the annual clinical meeting of the Consortium for Southeastern Hypertension Control (COSEHC™). Another major collaborative event was held in 2017 as a joint meeting with the Argentine Society of Hypertension (SAHA) in Mendoza, Argentina. This event included international speakers, young investigator awards, and symposia co-organized with ISH (International Society of Hypertension), the AHA Hypertension Council, and the American Foundation for Hypertension Research & Education. Another significant milestone was reached in 2023 during the XXIst IASH Scientific Sessions in Guayaquil, Ecuador. Under the visionary leadership of Ernesto Peñaherrera-Patiño, MD, Head of Cardiology Services at Hospital Luis Vernaza and President of the Ecuadorian Society of Cardiology (Guayas Chapter), physicians participated in a two-day certification process entitled 'Empowering Primary Care: Certification in Hypertension Diagnosis and Management. In 2024, IASH actively participated in the 30th Congress of the International Society of Hypertension (ISH) in Cartagena, Colombia, including hosting joint symposia on topics such as position papers on discrimination in hypertension care and advances in research.

Inter-American Society of Hypertension 2026



Reference Cited:

1. PANAMERICAN SYMPOSIUM ON VASOACTIVE PEPTIDES AND HYPERTENSION. *Acta Physiologica Latino Americana, FM Bumpus and JW McCubbin Editors. XXIX (5): 1-220, 1974. (ISBN: 6764)*

Carlos M Ferrario, MD, FAHA, FAPS, FISH, FACC
Co-Founder, Inter-American Society of Hypertension

IASH Program Committee

Fernando Wyss Q MD, Guatemala
President

Marisol Tay, Guatemala
Event Coordinator

Carlos M Ferrario MD, USA
Program Chair

Luis Alcocer MD, Mexico
Program Co-Chair

Gregory Fink, PhD, USA
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Ana Carolina T. Palei PhD., USA
General Secretary

Daniel Piskorz MD, Argentina
Chair, Clinical Sessions

Henry Punzi, MD, USA
Co-Chair Clinical Sessions

Ernesto L Schiffrin MD, PhD, Canada
Publications,

Gabriel Navar, PhD, USA
Chair, Poster Sessions

Mariela M Gironacci, PhD, Argentina
Co-Chair, Poster Sessions

Minolfa Prieto, MD, PhD, USA
IASH Social Events

Gustavo J Crespo, Argentina
Web Master

IASH Executive Committee

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CARLOS M FERRARIO, MD Chief Operating Officer	USA
GREGORY FINK, PhD Treasurer	USA
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GENERAL INFORMATION FOR SPEAKERS AND ATTENDEES

All faculty PowerPoint or other media presentations will be uploaded by the person responsible for the audiovisual system in the Salón Los Reyes. Please deliver the material 10 -15 minutes before the session you will be speaking.

The IASH office will be in the Salon Las Flores. Office personnel will address attendees' and faculty's needs.



(Acknowledged Mark Harpur)

Wednesday, January 14, 2026	
Hotel Barceló Hotel and Conference Center	
13:00 – 16:00	Open Registration and Collection of Documents <i>Lobby Salon Los Reyes</i>



Thursday, January 15, 2026

Salón Los Reyes
Hotel Barceló Hotel and Conference Center

OPENING CEREMONY	
8:00	<p>Welcome and Introduction Professor, Fernando Stuardo Wyss Q MD, FACC President, XX^{2nd} IASH Scientific Sessions, Guatemala City, Guatemala</p>
8:10	<p>Inter-American Society of Hypertension - Luis Alcocer, MD, MPH President, IASH, México City, México</p>
8:20	<p>2026 Scientific Sessions Objectives Carlos M Ferrario, MD, FAHA, FAPS, FISH, FACC Chair, IASH 2026 Program Committee</p>
8:20	<p>Recognition of Collaborating Societies Pablo D Rodriguez, MD, Chair, Argentinian Society of Hypertension (SAHA), Buenos Aires, Argentina Cesar Romero, MD, Treasurer, International Society of Hypertension (ISH), Atlanta, GA, USA Ernesto Peñaherrera, MD, Latin American Society of Hypertension (LASH), Guayaquil, Ecuador Maria Paz Ocaranza, MD, PhD Chilean Society of Hypertension, Santiago de Chile, Chile Gianfranco Parati, MD, and Daniel Lackland DRPH World Hypertension League (WHL), Milan, Italy</p>

<p style="text-align: center;">PLENARY SESSION I: Inter-American Society of Hypertension and International Society of Hypertension The Cardiovascular Disease Burden in the Americas and the Caribbean Basin</p>	
<p>Chair: Débora S A Colombari PhD, Araraquara, Brazil Co-Chair: Osiris Valdez MD, Dominican Republic</p>	
8:30	<p>The Cardiovascular Disease Burden in North America Daniel Lackland DRPH, Charleston, SC USA</p>
8:50	<p>The Cardiovascular Disease Burden in the Caribbean: HEARTS in the Americas Kenneth Connell MBBS, PgCUTL, DM, PhD, FACP, FRCP (Lond.), FACC, St. Michael, Barbados</p>
9:10	<p>The Cardiovascular Disease Burden in Latin America Dagnovar Aristizábal MD, Medellin, Colombia</p>

Inter-American Society of Hypertension 2026



9:30	Implementing Community-Based Models for Hypertension Control Osiris Valdez MD, República Dominicana
9:50	Summary, Key Points, and General Discussion Débora S A Colombari PhD, Araraquara, Brazil Osiris Valdez MD, Dominican Republic Daniel Lackland DRPH, Charleston, SC, USA Dagnovar Aristizábal MD, Medellín, Colombia

10:00	COFFEE BREAK and VISIT TO EXHIBITS <i>Lobby Salon Los Reyes</i>
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PLENARY SESSION II:	
Sociedad Argentina de Hipertensión Arterial and The Inter-American Society of Hypertension Pathophysiological Mechanisms in Essential Hypertension	
Chair: Pablo D. Rodriguez MD, Buenos Aires, Argentina Co-Chair: Minolfa Prieto MD PhD, New Orleans, LA, USA	
10:15	The Hidden Mechanisms of the RAAS Mariela Gironacci PhD, Buenos Aires, Argentina
10:35	The role of intestinal dysbiosis in the cardiorenal axis Marcelo R Choi MD PhD, Buenos Aires, Argentina
10:55	Resistance to Antihypertensive Drugs: Is Gut Microbiota the Missing Link? Tao Yang PhD, Toledo, OH, USA
11:15	ACE2 and the Kidney: Therapeutic Potential Daniel Battle MD, Chicago, IL, USA
11:35	Angiotensin-(1-7) and Alamandine. Yesterday and Today Robson Santos MD PhD, Belo Horizonte, Brazil
11:55	General Discussion

International Society of Hypertension The New Investigator Network in Latin America	
Chair: Cesar Romero MD PhD, Atlanta, GA, USA Co-Chair: Carlos M Ferrario MD, Winston-Salem, NC, USA	
12:15	The ISH New Investigator Network (ISHNIN) Platform and the IASH David David MD, Bogota, Colombia, Dagnovar Aristizábal MD, Medellín, Colombia Débora S A Colombari PhD, Araraquara, Brazil Fabio E Parada MD, Guatemala City, Guatemala



PLENARY SESSION III: Racial and Ethnic Disparities in Hypertension	
Chair: Donald DiPette MD, Columbia, SC, USA Co-Chair: Cesar Romero, MD, Atlanta GA, USA	
13:30	Do Race and Sex Influence Pharmacological Treatment of Hypertension? Donald DiPette MD, Columbia, SC, USA
13:50	Racial and Ethnic Barriers to Hypertension Treatment in the Caribbean Osiris Valdez MD, Dominican Republic
14:10	Race and Ethnic Barriers to Hypertension Treatment in Latin America Luis Alcocer MD, Mexico City, Mexico
14:30	General Discussion

PLENARY SESSION IV: Hypertension in Women	
Chair: Elizabeth Silaid Muxfeldt MD, Rio Janeiro, Brazil Co-Chair: Ana C Palei PhD, Jackson, MS, USA	
14:45	Mechanisms of Preeclampsia-Induced Cardiac Dysfunction Ana C T Palei PhD, Jackson, MS, USA
15:05	Resistant Hypertension and Women Elizabeth Silaid Muxfeldt MD PhD, Rio de Janeiro, Brazil
15:30	Hormone Therapy and Hypertension in Post Menopausal Women Margarita E. Díaz Velazco MD, Montevideo, Uruguay
15:50	From Caregivers to Care Recipients: Exposing Gender Bias in Women’s Patient Experiences Sofía Salas Ibarra MD, Santiago de Chile, Chile
16:10	STRUCTURED DISCUSSION Sofía Salas MD and Ana C Palei PhD

16:20	COFFEE BREAK and VISIT TO EXHIBITS <i>Lobby Salon Los Reyes</i>
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PLENARY SESSION V: RESISTANCE HYPERTENSION AND NON-PHARMACOLOGICAL THERAPIES	
Chair: Luke J Laffin MD, Cleveland, OH, USA Co-Chair: Henry Punzi, MD, Carrollton, TX, USA	
16:30	IASH 2026 Special Lecturer Hemodynamic, Hormonal, and Genetic Phenotyping in Resistant Hypertension: The Path Toward Precision Therapy

Inter-American Society of Hypertension 2026



	Luke J Laffin MD, Cleveland, OH, USA
16:50	Resistant Hypertension: New Drugs for Its Management Daniel Piskorz MD, Rosario, Argentina
17:10	Resistant and refractory hypertension Elizabeth Silaid Muxfeldt MD PhD, Rio de Janeiro, Brazil
17:30	Novel Non-pharmacological Strategies for Patients with Uncontrolled Blood Pressure Pablo Rodríguez MD, Buenos Aires, Argentina
17:50	Modulation of the Sympathetic Nervous System in Hypertension: from an underestimated past to a personalized future Fernando Wyss MD, Guatemala City, Guatemala
18:10	Structured Discussion: Therapies Based on Activation of the Opposing RAS Arm Angiotensin-(1-9): María Paz Ocaranza, PhD Santiago de Chile, Chile Angiotensin-(1-7)-Alamandine: Robson Santos, MD, PhD, Belo Horizonte, Brazil

18:30	POSTER SESSION Lobby and Salon Los Reyes Chair: Gabriel Navar PhD, New Orleans, LA, USA Co-chair: Mariela Gironacci PhD, Buenos Aires, Argentina TOPIC CATEGORIES: Alternative Medicine in Hypertension Treatment, Aging-Basic Mechanisms, Aging-Clinical, Genetics, Antihypertensive Medications, Blood Pressure Monitoring, Chronic Kidney Disease, Clinical Trials, Clinical Biomarkers in Hypertension, Epidemiology, Cardiovascular -Basic Mechanisms, Cardiovascular-Clinical, Cerebral Circulation and Hypertension, Clinical Trials, Diabetes, Endothelium and Endothelin Antagonists, Endovascular Therapy, Functional Genomics, Transcriptomics, Proteomics, and Metabolomics, Health Disparities, Angiotensin-related research, Hypertension Diagnosis and Evaluation, Inflammation and Adhesion Molecules, Natriuretic Factors, Neurogenic Mechanisms in Hypertension, Renal Function-Experimental, Renal Function-Clinical, Sex and Hypertension, Pregnancy, Developmental Programming,
19:45	Welcome Cocktail Reception Salón The Garden, Barceló Hotel



Friday, January 16, 2026

Salón Los Reyes
Hotel Barceló Hotel and Conference Center

Inter-American Society of Hypertension – International Society of Hypertension Mentoring New Investigators and New Investigator Award Competition

Chair: David David MD, Bogota, Colombia
Co-Chair: Débora Simões A. Colombari, PhD, Sao Pablo Brazil

7:00	<p>Ernesto L Schiffrin MD, PhD, Editor in Chief, American Journal of Hypertension, Montreal, Canada</p> <ul style="list-style-type: none"> Strategies for Publishing in International Journals <p>Luis Alcocer MD, Ciudad de México, México</p> <ul style="list-style-type: none"> Artificial Intelligence in Publishing
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PLENARY SESSION VI

Inter-American Society of Hypertension -World Hypertension League

Chair: Fernando Wyss-Q MD, Guatemala City, Guatemala
Co-Chair: Gianfranco Parati MD, Milan, Italy

8:00	<p>International Hypertension Guidelines. How To Apply Them in Latin America Gianfranco Parati MD, Milan, Italy</p>
8:15	<p>Invisible Patients, Undervalued Providers: Gender Gaps in Latin American Health Systems Carlos M Ferrario MD, Winston-Salem, NC, USA</p>
8:35	<p>Hypertension cascade in Latin America: Doctors' Inertia and Patients' Non-adherence Luis Alcocer, MD MPH, Mexico City, Mexico</p>
8:55	<p>How to Reduce Salt Intake in Latin America: from Digital Health Solutions to Salt Substitutes Daniel Lackland, DRPH Charleston, SC, USA</p>
9:15	<p>Aging and Self-reported Health in 114 Latin American Cities Ana I Barrientos MD, Pedro Sula, Honduras</p>
9:35	<p>Structured Discussion: How to Improve Hypertension Control in Latin America Moderators: Carlos M Ferrario, MD, and Fernando Wyss-Q MD</p>

9:45	<p>COFFEE BREAK and VISIT TO EXHIBITS <i>Lobby Salon Los Reyes</i></p>
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PLENARY SESSION VII: Sociedad Argentina de Hipertensión Arterial and Inter-American Society of Hypertension Hypertension in the Clinic	
Chair: Daniel Piskorz MD, Rosario, Argentina Co-Chair: Ernesto Peña Herrera MD, Guayaquil, Ecuador	
9:45	Does Stage 1 Hypertension Cause Chronic Kidney Disease (CKD)? Marcelo Orias MD, Buenos Aires, Argentina
10:05	Hypertension, Hyperkalemia, and CKD: Management Strategies in a Complex Patient Jose Vicente Sánchez-Polo MD, Guatemala City, Guatemala
10:25	Should all Obese Hypertensive Patients Receive GLP-1 Agonists? Daniel Piskorz MD, Rosario, Argentina
10:45	Resistant or Pseudo-Resistant Hypertension: How to Diagnose True Resistance? Pablo D Rodríguez MD, Buenos Aires, Argentina
11:05	Adherence to Antihypertensive Treatment: What is Our Responsibility? Ernesto Peñaherrera MD, Guayaquil, Ecuador
11:25	Diagnosis and Treatment of Hypertension. How Low Should We Go? Henry Punzi, MD, Carrollton, TX, USA
11:45	General Discussion

Lunch Break (on your own)

PLENARY SESSION VIII: New Trends in Hypertension Research: from Disease Mechanisms to Therapeutics	
Chair: Mariela Gironacci PhD, Buenos Aires, Argentina Co-Chair: Maria Paz Ocaranza PhD, Santiago de Chile, Chile	
13:00	Adipokines and Inflammatory Cytokines as Therapeutic Targets in Diabetes Carlos F. Sánchez-Ferrer MD, PhD, Madrid, Spain
13:20	Premature Cell Senescence and Inflammation as Drivers of Endothelial Dysfunction and Vascular Disease Concepción Peiró PhD, Madrid, Spain
13:40	Multi-Specific Peptides for Hypertension and Heart Failure María Paz Ocaranza PhD, Santiago de Chile, Chile
14:00	Cognitive Function and Hypertension Robert C Speth PhD, Fort Lauderdale, FL, USA
14:20	General Discussion



PLENARY SESSION IX Newer Antihypertensive Drugs	
Chair: Raul Villar Moya MD, La Serena, Chile Co-Chair: Dora Ines Molina de Salazar, MPH, PhD, FACP, Caldas, Colombia,	
14:45	State of the Art Lecture: New Versus Established Antihypertensive Medications Daniel Piskorz MD, Rosario, Argentina
15:05	Aldosterone synthase inhibitors (ASI) Fernando Wyss MD, Guatemala City, Guatemala
15:25	Endothelin antagonist Ernesto Schiffrin MD PhD, Montreal, Canada
15:45	Single-pill Combination Therapy for Hypertension Daniel Piskorz MD, Rosario, Argentina
16:05	GLP-1 Medicines: Where and How Do They Work? Henry Punzi MD, Carrollton, TX, US
16:25	Early control, Better Outcomes: Advancing the Approach to Hypertension Management Jorge Alberto Rivera Pineda MD, Guatemala City, Guatemala
16:45	An Incomplete Lesson: Suppressing Angiotensin II Formation to Control Hypertension Carlos M Ferrario MD, Winston-Salem, NC, USA
17:00	General Discussion

17:15	COFFEE BREAK and VISIT TO EXHIBITS <i>Lobby Salon Los Reyes</i>
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PLENARY SESSION X, Part I The Cardio-Renal Metabolic Syndrome and Hypertension	
Chair: Ana Isabel Barrientos MD, Tegucigalpa, Honduras Co-Chair: Carlos Félix Sánchez-Ferrer, Madrid, Spain	
17:30	State of the Art Lecture: Immune Mechanisms in Hypertension Ernesto L Schiffrin MD, PhD, Montreal, Canada
17:50	Sex Differences in the Expression of the Cardio-Renal-Metabolic Syndrome in Latin America Dora Inés Molina de Salazar MPH, PhD, FACP, Caldas, Colombia
18:10	Neural Mechanisms in the Cardiorenal Metabolic Syndrome Gregory Fink PhD, Lansing, MI USA
18:30	The Kidney's Bidirectional Role in Hypertension and the Cardiorenal-Metabolic Syndrome Cesar Romero MD, Atlanta, GA USA
18:50	Discussion



Saturday, January 17, 2026

Salón Los Reyes
Hotel Barceló Hotel and Conference Center

PLENARY SESSION X Part II	
The Cardio-Renal Metabolic Syndrome and Hypertension	
Chair: Ana I. Barrientos, MD, Tegucigalpa, Honduras Co-Chair: Gregory Fink, PhD, Lansing, Michigan	
8:00	Novel Therapeutic Targets in Vascular Aging Carlos Félix Sánchez-Ferrer MD PhD, Madrid, Spain
8:20	Resistant Hypertension and the Cardiorenal Metabolic Syndrome Maria Claudia Irigoyen MD, São Paulo, Brazil
8:40	ACE2: Therapeutic Potential of the Essential SARS-CoV-2 receptor in COVID-19 Daniel Batlle MD, Chicago, IL, USA
9:00	General Discussion

PLENARY SESSION XI	
The Kidney and Hypertension	
Chair: Robson Santos, MD, PhD, Belo Horizonte, Brazil Co-Chair: Daniel Piskorz, Rosario, Argentina	
9:15	Angiotensin II: Regulating Kidney Function Through Endocrine, Paracrine, and Intracrine Actions Jia Long Zhuo PhD, New Orleans, LA, USA
9:35	<i>Not Just RAS Signaling: The Prorenin Receptor as an Emerging Link in Inflammation and Hypertension</i> Minolfa Prieto MD, PhD, New Orleans, LA, USA
9:55	Renal and Urinary Biomarkers in the Progression of Chronic Kidney Disease Marcelo Orias, MD, Buenos Aires, Argentina
10:15	General Discussion
10:30	Founder's Lecture: My Journey in Linking the Kidney to Hypertension Gabriel Navar, PhD, New Orleans, LA, USA (Introduced by CM Ferrario, MD, Winston-Salem, NC, USA)



PLENARY SESSION XII: President's Lecture:	
	<p>Chair: Ernesto Peñaherrera MD, Guayaquil, Ecuador Co-Chair: Ernesto L Schiffrin, MD, PhD, Montreal, Canada</p>
11:00	<p>Racial and Gender Discrimination when Tailoring Management to Hypertension Treatment in Latin America Luis Alcocer MD, MPH, Mexico City, Mexico</p>

IASH BUSINESS MEETING	
11:20	<p>Chair: Luis Alcocer, MD, MPH, President, IASH, Co-Chair: Carlos M Ferrario, MD, COO, IASH</p> <p>Fernando Wyss: Summary: XX^{2nd} Scientific Sessions Report Gregory Fink, PhD: Treasurer Report Ana C Palei, PhD: Secretary Report New Initiatives: Cesar Romero, MD, International Society of Hypertension Daniel Lackland, DRPH, World Hypertension League Donald DiPette, MD, PAN AMERICAN HEALTH ORGANIZATION (PAHO)</p> <p>Election of the 2026 – 2028 IASH Executive Committee Election of the 20-26-2028 IASH Governors Accreditation of Fellows, Inter-American Society of Hypertension</p>

CLOSING CEREMONY	
11:40	<p style="text-align: center;">Fernando Wyss, MD, Chair IASH XX^{2nd} Scientific Sessions</p> <p style="text-align: center;">Opening Remarks: Fernando Wyss, MD Luis Alcocer, MD, MPH</p> <p style="text-align: center;">Recognition of IASH Speakers, Supporters, and Participants in the Meeting Carlos M Ferrario, MD Farewell, Fernando Wyss, MD</p>
12:15	Adjourn



IASH- 2026 FACULTY ROSTER

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Inter–American Society of Hypertension 2026



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Inter–American Society of Hypertension 2026



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Table of Contents

About IASH 2026 2

Welcome 2

A Brief Overview of the Inter-American Society of Hypertension (IASH)..... 3

Founding & Early Origins (1970s–1980) 3

 Mission & Aims 3

 Structural & Strategic Evolution 3

 Education, Meetings & Collaboration 3

IASH Program Committee 4

IASH Executive Committee..... 4

SPONSORS..... 6

GENERAL INFORMATION FOR SPEAKERS AND ATTENDEES..... 6

Wednesday, January 14, 2026 7

SCIENTIFIC PROGRAM | IASH-2026..... 7

Thursday, January 15, 2026 8

 OPENING CEREMONY 8

 PLENARY SESSION I: Inter-American Society of Hypertension and International Society of Hypertension The Cardiovascular Disease Burden in the Americas and the Caribbean Basin 8

 PLENARY SESSION II: Sociedad Argentina de Hipertensión Arterial and The Inter-American Society of Hypertension Pathophysiological Mechanisms in Essential Hypertension..... 9

 International Society of Hypertension The New Investigator Network in Latin America 9

 PLENARY SESSION III: Racial and Ethnic Disparities in Hypertension 10

 PLENARY SESSION V: RESISTANCE HYPERTENSION AND NON-PHARMACOLOGICAL THERAPIES 10

Friday, January 16, 2026 12

 Inter-American Society of Hypertension – International Society of Hypertension Mentoring New Investigators and New Investigator Award Competition 12

 PLENARY SESSION VI Inter-American Society of Hypertension -World Hypertension League..... 12

 PLENARY SESSION VII: Sociedad Argentina de Hipertensión Arterial and Inter-American Society of Hypertension Hypertension in the Clinic 13

 PLENARY SESSION VIII: New Trends in Hypertension Research: from Disease Mechanisms to Therapeutics ... 13

 PLENARY SESSION IX Newer Antihypertensive Drugs 14

 PLENARY SESSION X, Part I The Cardio-Renal Metabolic Syndrome and Hypertension 14

Saturday, January 17, 2026..... 15



Inter-American Society of Hypertension 2026

PLENARY SESSION X Part II The Cardio-Renal Metabolic Syndrome and Hypertension	15
PLENARY SESSION XI The Kidney and Hypertension	15
PLENARY SESSION XII: President's Lecture:	16
IASH BUSINESS MEETING	16
CLOSING CEREMONY	16
IASH- 2026 FACULTY ROSTER	17
Table of Contents.....	23