

**Article extracted from the
DECEMBER 2025
HYPERTENSION NEWS
Published by the
International Society of
Hypertension**



ISH COMMITTEE, PARTNER AND AFFILIATED SOCIETY REPORTS

The Inter-American Society of Hypertension (IASH). Yesterday and today

CARLOS M FERRARIO

Professor Emeritus, Wake Forest School of Medicine, Winston-Salem, NC, USA

Co-Founder, Inter-American Society of Hypertension, Chief Operating Officer, IASH

Program-Chair, XX2nd Biennial Scientific Sessions, IASH, Guatemala City, Guatemala, January 15 – 17, 2026



MARIELA GIRONACCI

Professor, Department of Biochemistry, School of Pharmacy, Buenos Aires, Argentina

Member, IASH Executive Committee

Like the legendary Phoenix rising from the ashes, the Inter-American Society of Hypertension (IASH) has been reborn—stronger, brighter, and more determined than ever to champion the control of hypertension across the Americas. This renewal symbolizes not only the Society's resilience but also its unwavering commitment to lead the region in advancing research, elevating clinical practice, and shaping public health strategies. Just as the Phoenix transforms through fire to soar higher, the IASH will stand as a powerful champion for hypertension control, driving scientific discovery, advancing clinical excellence, and inspiring collaboration among nations, particularly throughout Latin America and the Caribbean basin. With renewed vision and vitality, the IASH has recommitted to becoming a guiding force, uniting professionals and communities in the fight against cardiovascular disease and inspiring a healthier future for generations to come.

The story of IASH began in August 1974, when under the venerable leadership of Juan Fasciolo, MD, Chair of the Department of Physiology, Mendoza, Argentina and Merlin F Bumpus, PhD, Chair of the Research Division Cleveland Clinic Foundation, a small but visionary group of scientists came together in Mendoza, Argentina,

during the World Congress of Cardiology for the first Pan American Symposium on Vasoactive Peptides and Hypertension.¹ That meeting planted the seed of what would one day grow into a formal society dedicated to advancing hypertension research and care across the Americas. That vision became a reality with the incorporation of the Inter-American Society of Hypertension as a tax-exempt organization in the state of Ohio, USA in 1980. From the beginning, our Society has been about people – about creating opportunities to learn, connect, and inspire one another. Every biennial meeting was more than just a scientific gathering; it has been a place where young investigators found mentors, where collaborations began, and where ideas grew into lifelong commitments. Over 21 biennial meetings across North, Central, and South America, IASH helped establish regional and national societies and supported the training of many scientists in top laboratories in the USA and Canada.

In 2016, many of us came together in Orlando, FL, with a shared purpose: to imagine what IASH could become in the new millennium. Out of those conversations, we shaped a vision that still inspires us today: "The Americas will have the best blood pressure control and the lowest prevalence



IASH Executive Committee members define the mission and objectives of the Society in Orlando, FL 2019.

of cardiovascular disease in the world.” We also defined our mission: to improve hypertension control and reduce the toll of cardiovascular disease by fostering communication, education, and research across our continent. We set clear priorities for ourselves: to help scientists and clinicians learn from one another, to challenge traditional models of hypertension management, to collaborate with other organizations working on cardiovascular and metabolic diseases, and to close the care gaps that leave too many people unprotected. That commitment is renewed today with the organization of the upcoming International Scientific Sessions of the IASH, to be held under the Chairmanship of Fernando Wyss, MD, in Guatemala City, Guatemala, on January 15-17, 2026 (registration and abstract submission available at www.iashonline.org).

Our journey has always been about more than meetings or milestones. It has been about us — a community of colleagues, friends, and partners working together to transform hypertension

care across the Americas. From the beginning, our Society has been about people — about creating opportunities to learn, connect, and inspire one another. Every biennial meeting was more than just a scientific gathering; it was a place where young investigators found mentors, where collaborations began, and where ideas grew into lifelong commitments. In Guatemala, we will renew our commitment to collaborating with the International Society of Hypertension to implement new strategies for the effective management of high blood pressure and its cardio-renal metabolic consequences in the Caribbean Basin and Latin American countries, based on documented evidence of underutilized healthcare services due to discrimination based on sex, socioeconomic status, and ethnicity. To this end, our new partnership with the International Society of Hypertension Americas Regional Advisory Group (RAG) and the World Hypertension League, to be showcased at the Guatemala meeting, lays the foundation for achieving these goals.

We appreciate the opportunity to communicate with our colleagues through this *Hypertension Newsletter* and extend to all of you our cordial invitation to join us in Guatemala on January 15-17, 2026.

References:

1. PANAMERICAN SYMPOSIUM ON VASOACTIVE PEPTIDES AND HYPERTENSION. *Acta Physiologica Latino Americana*, FM Bumpus and JW McCubbin Editors. XXIX (5): 1-220, 1974. (ISBN: 6764)



Opening Ceremony, 2018 IASH Scientific Sessions in Guayaquil, Ecuador.



IASH

XX^{2nd} Scientific Sessions

Barceló Conference Center and Hotel
Guatemala City, Guatemala
January 15-17, 2026

It's not just about learning – it's an opportunity to expand your professional network with top professionals from the American Continent!

Our event brings together a diverse group of thought leaders, innovators, and practitioners in a great setting of mountains, volcanoes, Mayan heritage, coffee, and vibrant culture.

Registration and Abstract submission at <https://iashonline.org/>

World Hypertension League | International Society of Hypertension | LASH | H | AHA | Sociedade Brasileira de Hipertensão

Interested in writing for Hypertension News?



We are particularly interested in proposals about recent studies in hypertension, or perspectives on current issues in hypertension.

Contact us with your proposal: comms@ish-world.com



HYPERTENSION NEWS
March 2025

Childhood hypertension
Current challenges and how to improve care

IN THIS ISSUE:
Rarity and hypertension
Renal denervation's latest insights
New outcomes studies in blood pressure lowering
The need for diversity in hypertension research
Patient education in blood pressure management
The latest Chinese Hypertension League guidelines

International Society of Hypertension
www.ish-world.com

Photo 145667887 © Golubov | Dreamstime.com